



PORTFOLIO

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MARKETING MANAGER • GRAPHIC DESIGNER
EVENT PLANNER • GENERAL MANAGER

iFLOAT BABY SPA

Introducing Canada's first baby spa, a brand new philosophy and lifestyle for parents and babies that provides a safe, revitalizing and bonding experience with countless benefits. The spa is located in Town of Mont-Royal, conveniently close to highways 15 and 40, just minutes from the de la Savane Metro station. Open Mondays through Saturdays from 10am to 5pm, iFLOAT BABY SPA also offers free parking.



LA GRANDE OUVERTURE DU PREMIER SPA DE BÉBÉ AU CANADA

SAMEDI LE 24 OCTOBRE
A 10H-16H

Prenez votre photo avec la Princesse Elsa & son ami Floaty la grenouille et profiter des nombreuses activités que nous avons organisé pour vous et votre bébé y compris:

- Prix à gagner
- Séance de bain flottant
 - Massage de bébé
 - Yoga pour bébé et maman
- Session de photo avec Princesse Elsa
 - Service de gardiennage
 - Service de traiteur
 - Maquillage pour enfants
 - Massage de cou, épaules et tête

CANADA'S 1ST BABY SPA GRAND OPENING

SATURDAY OCTOBER 24TH
AT 10AM-4PM

Get your picture taken with Princess Elsa & Floaty the Frog and enjoy the many activities we have lined up for you and your baby including:

- A Raffle & Door Prize
- Mummy & Baby Yoga
 - Baby Massage
 - Babysitter service
- Pictures and sing-a-long with Elsa
 - Catered Food & Beverages
 - Face-painting for the kids
 - Neck, Shoulder & Head Massage
 - Flotation Therapy

Cote de Liesse, Montreal, Quebec
514.738.0888 babyspamontreal.com





Contact [REDACTED]
Telephone [REDACTED]
Cell [REDACTED]
Email [REDACTED]@com
Website www.ifloatbabyspa.com

FOR IMMEDIATE RELEASE

January 19, 2016

CANADA'S 1ST BABY SPA

A new kind of spa is taking over, exclusively for babies!

MONTREAL, JANUARY 20, 2016 –The iFLOAT BABY SPA is open! Introducing Canada's first baby spa, a brand new philosophy and lifestyle for parents and babies that provides a safe, revitalizing and bonding experience with countless benefits. The spa is located in Town of Mont-Royal, conveniently close to highways 15 and 40, just minutes from the de la Savane Metro station. Open Mondays through Saturdays from 10am to 5pm, iFLOAT BABY SPA also offers free parking. To book an appointment, call 514-738-0888.

Ling Yun Zhao (iFLOAT BABY SPA founder and owner) got the idea after visiting a baby spa in China with her daughter, who suffers from eczema. Disappointed that her child would never be able to swim in pool water, due to chlorine's irritating effects, Ling was thrilled to discover this new and fun activity that she and her daughter could share. The treatment actually soothed her daughter's condition. When Ling returned home, she was surprised to learn that no such establishment existed anywhere in Canada and decided to open her own spa. "I think we have a very special environment, providing a most joyful time-out for infant and parent alike. Parents consistently report that their babies are sleeping and eating better, and are generally stronger and happier," said Ling Yun Zhao.

"Baby spas are now a thing, and parents are going crazy for them!" - Leslie Kennedy, The Baby Post

Imagine the shock and distress of leaving a warm and cozy environment to suddenly emerge in an entirely foreign, bright, and noisy place. iFLOAT BABY SPA recognizes and addresses an infant's circumstances and has developed a system to ease baby's entry into the world. The long list of positive effects include: improved socialization and stimulation, stronger bond

between parent and child, enhanced relaxation, better sleep, increased physical and cognitive development, boosted confidence, and overall elevated wellbeing.

The iFLOAT BABY SPA offers numerous services for parents with babies from as young as 2 weeks old up to 18 months. Each visit begins with a 20-minute flotation therapy session. The hydrotherapy room in which this takes place, is kept at a steady 27 degrees Celsius for baby's optimal comfort. In it are seven small float tanks for newborns and smaller babies and one larger tank for groups and/or bigger babies. When placed in the warm purified water, little ones are safely supported by a floatation device that allows them to move freely in water, unaffected by gravity. Following that is a gentle 20-minute baby massage and more fun awaits baby in iFLOAT BABY SPA's indoor playground.

All products used at the iFLOAT BABY SPA are local, organic, plant-based and baby safe. iFLOAT BABY SPA also provides its clients with Baby & Mummy Yoga sessions, Prenatal Yoga classes, a fully organic menu for both babies and adults, a quiet breast feeding room, private party packages and more. For more details visit www.ifloatbabyspa.com.

PRESS RELEASE



THE SPA BENEFITS

- Provides Babies with a Physical Workout
- Helps Reduce Muscles Pains & Strains
- Reduces Stress Hormones
- Promotes Socialization
- Improves Sleep Patterns
- Helps Blood Flow
- Stabilizes Temperature, Heart & Breathing Rates
- Eases Gas, Bloating, Colic & Constipation



LES BÉNÉFICES DU SPA

- Réduit les tensions musculaires, les douleurs de croissance & les maux de dents
- Réduit les hormones liées au stress
- Améliore les rythmes du sommeil
- Leurs permet de faire de l'exercices
- Améliore la socialisation
- Améliore la circulation sanguine
- Renforce et aide à développer le cœur, les poumons & le cerveau
- Soulage les problèmes de gaz, de coliques de nourrisson et de constipation

Imagine. When is the last time you found yourself vulnerable, dependent, immobilized, and unable to communicate with language? And think, of how scary it must be to enter a new world you've never set foot in before. We've all been there, whether we remember what it feels like or not. It's part of nature and being brought to life. This is exactly how a new born baby feels when it comes into this world. But what if there was a way to comfort your baby and give the little one a chance to relive what it once felt like to be in its mothers womb?

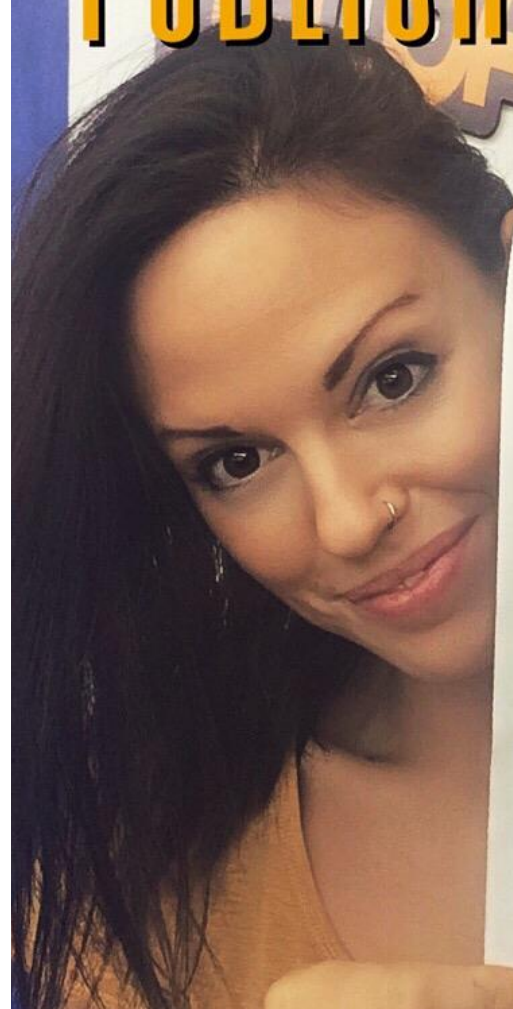
It seems we finally have that answer. Baby Spas! And they are located all over the world, including Europe, Australia, the United States and now Canada! The concept behind the baby spa is rather simple. Bringing them right back to where they came from and giving them the warmth and comfort they long for. The presence of water in a baby's environment can make an important difference in their quality of life and their development. Baby Spa's across the board have created an environment where babies can float independently in deep baths heated at the temperature of a human body, 37degrees Celsius. The babies as young as 2 weeks old are provided with a floatation device resembling a doughnut that is gently placed around their necks and allows them to float freely from the neck down. This concept is not only soothing for the child, but helps improve their digestive system, sleeping patterns and socialisation. It also gives them a pretty nifty workout. Floatation Therapy, Baby Massages, and much more is to be expected of in these infant spas.

But these, are not only beneficial to babies. They benefit mothers a great deal as well. While having a baby can be exciting and challenging, it can also be an immensely stressful new reality. Bringing a new life into the world involves huge changes that you won't have a lot of control over. These spas often times provide moms with a place to socialize and meet others like them. Many of them also have classes such as Mommy & Baby Yoga, Infant Sign Language, Music for Babies and More.

This new philosophy and style of living guarantees a calming and revitalizing experience for both you and your baby.

Keep your eyes peeled for Baby Spa's in your area.

MY 1ST PUBLISHED ARTICLE



BABY SPAS Warmth And Comfort



Janet LINDSAY
General Manager / Float

This is exactly how a baby feels when it is born. But what if there was a way to comfort your baby and give the little one a chance to relive what it once felt like to be in its mother's womb?

The concept behind the baby spa is rather simple. Bringing them right back to where they came from, and giving them the warmth and comfort they long for. The presence of water in a baby's environment can make an important difference in their quality of life and their development.

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LE 1^{ER} SPA DE BÉBÉ AU CANADA
Canada's 1st Baby Spa
MAINTENANT QUÉBEC Mon Spa

Offrez-vous une expérience apaisante et revitalisante pour vous et votre bébé!
Relax in a calming and revitalizing experience for both you & your little one!

- Massage de bébé - Baby Massage
- Bain d'huile - Oil Bath Therapy
- Temps de jeu plaisir - Baby Playtime
- Yoga pour maman & bébé - Mommy & Baby Yoga
- Yoga prénatal - Prenatal Yoga
- Douce pour maman & bébé - Mommy & Baby Relaxation
- Musique pour maman & bébé - Baby Music Classes
- RCI pour bébé - CRI for babies
- Journée spéciale pour maman - Mommy Meet Up
- Activités & événements spéciaux - Parties & More

FLOAT BABY SPAS
4294 Côte de Liesse, 1^{ER} M^{ET} 2ND F^{LOOR}
514.738.0555 www.floatbabyspa.com

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Plus qu'une adresse po
Et plus de 60 boutique

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WWW.VILLE.MO

www.quartierdes

- BABY MASSAGE •
- FLOATATION THERAPY •
- INDOOR PARK •
- PRENATAL YOGA •
- MUMMY & BABY YOGA •
- SPECIAL EVENTS •

• "Check-In" on Facebook, get 5% OFF •

WINDOW POSTER

- MASSAGE DE BÉBÉ •
- THÉRAPIE DE FLOTATION •
- PARC INTÉRIEUR •
- YOGA PRENATAL •
- YOGA POUR MAMAN & BÉBÉ •
- ÉVÈNEMENT SPÉCIAUX •

• "Check-In" sur Facebook, recevez 5% de rabais •



Give babies a strong start in life – the gift of natural health & development!

www.ifloatbabyspa.com

514.738.0888

Donnez une expérience de détente et de revitalisation à vous et votre enfant.

• Lun • Mar • Mer • Jeu • Ven • Sam •

10:00-17:00

KICKIN IT Fresh

at
Le Drugstore
1366 St-Catherine E



HELP
SEND

OLYMPIC STYLE
WEIGHTLIFTER
FERESHTEH DINAZ BULSARA

TO THE 2013
CANADIAN CHAMPIONSHIPS
HOSTED IN EDMONTON

FERESHTEH DINAZ BULSARA
WWW.4MYHEALTHNOW.COM/ATHLETE.WTFL



break
dance
MonstaPop
presents:
Chaos &
Jaynesis

Thursday
March 7th
at
8pm
10\$
+1 Free drink

Dress
Code
Sports
gear

90's
HIPHOP
THEME



KICKIN IT FRESH!

Montreal, March 2013

Dear _____,

Please allow us to introduce our-selves. We are the LaSalle College Event Planners graduating in 2013.

Our team is organizing a Fundraising Event on March 7th 2013 at Le Drugstore at 8pm to raise money for Fereshteh Dinaz Bulsara, Quebec's up and coming Weightlifting Champion.

Fereshteh has been competing and representing Quebec for 3 years. This year she placed 1st and 2nd at two major provincial competitions. These performances have earned her a spot to compete at the national level. She will be representing the province of Quebec and her club, Concordia International Weightlifting, during the Canadian championships in May of 2013, hosted in Edmonton, Alberta.

We are throwing a 90's Hip Hop Dance Party and are inviting a dance crew and DJ to take part in the festivities. The event will include drinks and gratuities.

We hope that you will join us in supporting this very determined young woman looking to succeed not only for her personal excellence, but also to inspire and encourage young women to pursue their athletic dreams.

Our goal for this event is to raise money to help her get to Alberta and to raise awareness of an often stigmatized and male-dominated sport. We also hope that this will open the doors to Canadian girls and women across the board who would otherwise never consider participating in this wonderful athletic tradition.

By sharing the same target market we are inviting you to partner with us and help make this event a memorable one. It will be a great promotional event for your company as well.

In order to produce a successful event we welcome donations of any amount, including products and services.

Please take a few minutes and review the material contained in this sponsorship package.

You will find the following items:

- Details of the event
- Opportunities by partnering up with The Kickin It Fresh Team
- Sponsorship packages
- Sponsorship agreement form
- Contact Information

Our team will call you to follow up on this potential partnership opportunity that would benefit both your business and our exciting initiative.

If you have any questions, please call Janet Lindsay at (514) 944-7876.
Please feel free to check out Fereshteh's website: www.4myhealthnow.com
Thank you for your time and we are looking forward to speaking with you.

Yours truly,

Janet Lindsay
Founder of the Kickin It Fresh Team

GRAPHIC DESIGNER

TEN THOUSAND VILLAGES

Ten Thousand Villages is a Fair Trade store. It's a place where you can explore and connect with your global village.

From communities throughout the developing world, every inspired design is crafted with love using local materials (usually natural or recycled) and time-honoured skills by makers from 3rd World Countries

Every purchase improves the lives of makers by supporting their craft and providing a fair, stable income.



TEN THOUSAND
VILLAGES®

COMING SOON!!! Our new "Pop-Up Shop"

Do you **BELIEVE** in our **MISSION**?
Want to continue **CONTRIBUTING** to the **CAUSE**?
Let's **KEEP IN TOUCH!**



THE NEXT STEP...



EVENT PLANNER / DECORATOR / PRODUCTION MANAGER



“Stache Bash” is an annual themed fundraiser that I produced and managed. The purpose of the event is to raise money and awareness for Prostate Cancer. The event consists of entertainment, live music, deejays, a raffle, drink specials, special effects and much more. This event takes place during the month of November.

Responsibilities consisted of:

- Creating the event theme / Following up on due dates & tasks assigned /
- Contacting suppliers, purchasing materials, renting equipment, coordinating all deliveries /
- Getting touch with Movember Canada & collaborating with Quebec’s representative /
- Negotiating contracts & hiring entertainment & staff /
- Editing & translating website & Facebook page in English & French /
- Contacting media corporations such as: CTV, Radio Canada, CJAD, CHOM FM, Global TV, etc. /
- Doing 2 live interviews on CHOM FM, postering, flyering, & advertising by using social media /
- Approaching companies for sponsorships



STAGE MANAGER / EVENT COORDINATOR / LOGISTICS MANAGER

MTL 4 JAPAN

In March 2011, Japan was hit with an earthquake that killed over 15,887 people, and created mass despair for much of its population. In this heart-breaking event, a group of individuals including myself put together a benefit concert with over 20 bands performing, and an entire community coming out to support the cause. It was a great success. Responsibilities consisted of:

Designing posters, flyers & logos / Contacting media to promote & cover event / Managing bands/artists & putting together the logistics for the performance slots / Contacting sponsors for prizes & donations / Booking the venue for the event (Le Drugstore Bar) / Acting as the M.C. for the event / 2000\$ goal realized



STAGE MANAGER / EVENT PLANNER / LOGISTICS MANAGER

GATEWAY TO A CURE CANADIAN CANCER SOCIETY

In July 2008 Gateway to a Cure was an event I put together in honour of a close friend who passed away from Leukemia. It consisted of over 15 Jazz/Blues/Folk bands, speeches, drink specials and more. This event is what gave me the desire to continue fundraising & organizing events.

Responsibilities were:

Hiring & managing all entertainment / Contacting sponsors for prizes & donations / Booking the venue for the event (Gate 403 Jazz Bar) / Acting as the M.C. & performing at the event / Designing logo, posters, flyers & T-Shirts



MARKETING MANAGER • GRAPHIC DESIGNER
ORGANIZER • DECORATOR • GENERAL MANAGER

SPARKLING SISTERS CLEANING SERVICES

Sparkling Sister Cleaning Services
is a little side gig I started in school to help pay for my
school tuition. The Sparkling Sisters have now merged with
JL HOME SERVICES, my new company.

Responsibilities consisted of Managing Contracts & Staff,
Cleaning Homes & Offices, Sorting & Organizing Space,
Home Staging & Interior Decorating.



Yup,
Thats right!
I do it ALL!

FREE CONSULTATION
CONSULTATION GRATUIT

Well
Almos
ALL

Honest
Responsible
Efficient
Reliable

Honnête
Responsable
Efficace
Fiable

Weekly
Bi-Weekly
Monthly

À la semaine
Aux 2 semaines
Par mois

Ménage
Organisation
Décoration

Cleaning
Organizing
Decorating
Staging

The Sparkling Sisters
The Soeurs Scintillantes
Les

Prix Abordable
Négociable

Affordable
Negotiable
Pricing

spik.n.span@outlook.com
514.944.7876

SAN TROPEZ DANCE STUDIO

San Tropez Dance Center is the biggest latin dance school of all Montreal that teaches Salsa, Bachata, Merengue, Cha Cha, Kizomba, Brazilian Zouk and many others. In 25 years of existence, more than twenty thousands students have danced at the school. Their mission is to provide a fun learning environment for all students. Technic and style are our priorities, but we are also interested in flexibility and creativity. Whether your goal is to learn to dance for pleasure, to present a show, to get involved in competitions or to become one of the best latin dancer in the world; we will be there to guide you all along.

PUBLICIST • GRAPHIC DESIGNER
SOCIAL MEDIA MANAGER



**CETTE SAISON DES FETES ...
THIS HOLIDAY SEASON...**

**2018
PANIERS DE NOËL
CHRISTMAS BASKETS**



LE BAS DE NOËL

THE STOCKING STUFFER

2 Semaines ILLIMITÉ de Cours de Groupes
(Salsa, Bachata, Kizomba, Cha-Cha et encore plus)

1 passe APORTE-UN-AMI
*Apportez votre ami pour un jour et laissez-les essayer
une intro dans des cours de danse en groupe!*

2 Weeks of UNLIMITED Group Classes
*(Salsa, Bachata, Kizomba, Cha-Cha
& more)*



1 BRING-A-FRIEND Pass
*Bring your pal for the day.
Let them try some "INTRO TO DANCING"
group classes!*



**DÉCOUVREZ LA
MAGIE DE LA
DANSE !**



19\$
PLUS TAX

GIVE THE GIFT OF DANCE!

**LE POLE NORD
THE NORTH POLE**

1 COURS PRIVÉ

*Choisissez votre style de danse
préféré! Obtenez des instructions
professionnelles de l'un de nos
champions de danse!*

1 PASSE APORTE-UN-AMI
*Apportez votre ami pour un jour et
laissez-les essayer une intro dans
des cours de danse en groupe!*

1 ITEM PROMOTIONNEL

1 PRIVATE CLASS

*Bring your pal for a day and let them
try some "INTRO TO DANCING"
group classes!*

PLUS TAX

\$49

1 BRING-A-FRIEND PASS

*Choose any style of dance and get
professional instruction from one of our dance
champions!*

1 PROMOTIONAL ITEM

Sharing Is Caring!

Le partage est bienveillant!

ADVERTISING

10 COURS PRIVÉS POUR LES MARIÉS

Crée une chorégraphie original et personnalisé pour votre première danse!

Vous impressionnez vos invités et créez un moment mémorable pour votre grand jour!

CHOISISSEZ PARMIS LES STYLES DE DANSE TEL QUE WALTZ, SEXY BACHATA OU UNE DANSE AMUSANTE!

10 PRIVATE CLASSES FOR BRIDES & GROOMS

We can create an original and personalized choreography for your First Dance! You will impress your guests and create a lasting memory on your special day!

CHOOSE FROM ANY STYLE SUCH AS THE CLASSIC WALTZ, A SEXY BACHATA OR A FUN AND CRAZY POP STYLE!

\$67.50 /HR
(10HRS/ PLUS TAX)

UN SOUHAIT DE NOËL
A CHRISTMAS WISH

1 MOIS ILLIMITÉ DE COURS DE GROUPES

Salsa et Bachata (Frais d'inscription inclus)

2 PASSES APORTE-UN-AMI

Apportez votre ami pour un jour et laissez-les essayer une intro dans des cours de danse en groupe!

1 ATELIER D'UN COURS SPÉCIALISÉ

1 ITEM PROMOTIONNEL

ESSAYEZ UN NOUVEAU STYLE DE DANSE!

TRY A NEW STYLE OF DANCE!

1 MONTH OF UNLIMITED GROUP CLASSES

Salsa & Bachata (Membership fees included)

2 BRING-A-FRIEND PASSES

Bring your pals for a day and let them try some "intro to dancing" group classes!

1 WORKSHOP OF SPECIALTY CLASSES

1 PROMOTIONAL ITEM

NOËL \$99 PLUS TAX

1 COURS PRIVÉ

CHOISISSEZ VOTRE STYLE DE DANSE PRÉFÉRÉ ET OBTENEZ DES INSTRUCTIONS PROFESSIONNELLES DE L'UN DE NOS CHAMPIONS DE DANSE!

1 MOIS ILLIMITÉ DE COURS DE GROUPES
SALSA ET BACHATA KIZOMBA, CHA-CHA ET ENCORE PLUS.
(FRAIS D'INSCRIPTION INCLUS)

3 PASSES APORTE-UN-AMI
APPORTEZ VOTRE AMI POUR UN JOUR ET LAISSEZ-LES ESSAYER UNE INTRO DANS DES COURS DE DANSE EN GROUPE
1 ITEM PROMOTIONNEL

1 PRIVATE CLASS

CHOOSE ANY STYLE OF DANCE AND GET PROFESSIONAL INSTRUCTION FROM ONE OF OUR DANCE CHAMPIONS!

1 MONTH OF UNLIMITED GROUP CLASSES
SALSA, BACHATA, KIZOMBA, CHA - CHA & MORE.
(MEMBERSHIP FEES INCLUDED)

3 BRING-A-FRIEND PASSES
BRING YOUR PALS FOR A DAY!

LET THEM TRY SOME INTRO TO DANCING GROUP CLASSES!

1 PROMOTIONAL ITEM



LE FROSTY
\$149
PLUS TAX

ADVERTISING



CÉLÉBRONS
San Tropez
25^e
ANNIVERSAIRE

NOV | 17 | 2018

Gala

du 25^e anniversaire
25th Anniversary

LE MOUNT STEPHEN
HÔTEL

Bienvenue • Welcome

Twenty-five years...the silver anniversary. Celebrated around the world as an important milestone be it for the number of years married, years of service, or how long a company has had its doors open.

From a very young age, I was inspired by dance and by strong, passionate women who simply got things done. The movie "Flashdance" made me believe that even if you have nothing, you can use drive and determination to "make it happen"!


Tonight's performance is a celebration of how San Tropez got to where it is today as one of the longest-standing and most popular dance studios in Montreal. Our show will be a trip back in time, touching on several milestones and sharing my inspirations throughout the many years that San Tropez has been an integral part of our local Latin dance scene.

I would like to thank the incredible and passionate team that made this evening possible, and most of all, to my wonderful and dedicated husband Moris and our beautiful son Diego, without whom none of this would have ever been possible!

Bon spectacle!
Enjoy the show!

Sonia Kyriacou

Artistic Director
Directrice artistique



Centre de Danse  Dance Center

PRESENTE / PRESENTS

GALA du 25^e ANNIVERSAIRE 25TH ANNIVERSARY GALA

DIRECTRICE ARTISTIQUE /
ARTISTIC DIRECTOR
Sonia Kyriacou

METTEUR EN SCÈNE / DIRECTOR
Mary Sarli

INVITÉS SPÉCIALES / SPECIAL GUESTS
Jules Bertrand, Joel Massicot, Jayson Molina

CHORÉGRAPHERS / CHOREOGRAPHERS
Sonia Kyriacou, Moris Alvarenga
Mary Sarli, Jayson Molina, Jules Bertrand, Tony Santana

DANCEURS / DANCERS
Bianca Pierre-Louis, Dimitra Rizis, Idelberto Baptista, Kelly Walsh
Kim De Rome, Maneka Rathnayake, Markenson Jeune, Moris Alvarenga
Natalia Etchecoin, Nicole Mouleo-Mbongo, Raphaël Meurine
Rosvaldo Mitton, Thierry Morgan, Tony Santana
Larissa Feldman, David Laplagne, Coco Zhang
Anna Giulione, Camilia Berthelet, Michael Blais
Sara Grecoff, Diego Alvarenga, Sara Linde Villalobos, Victor Gonzalez
Manon Cardinal, Shadi Olliae, Natalia Solodovnikov, Myriam Beaudoin
Dimitar Bogdev, Keane Tan, Ramin Khodaie

MUSIQUE / MUSIC
DJ Jean Nonez, DJ Sabrusso, DJ Sam Haddad

SHOW PROGRAMME

Concepteurs • Artistic Team

SONIA KYRIACOU

DIRECTRICE ARTISTIQUE / ARTISTIC DIRECTOR

With over 25 years of experience, Sonia Kyriacou is a talented and renowned dancer who has graced stages across Europe and North America. Not only does she bring versatility and a magical connection to every performance, but her passion for Latin dance is an inspiration. Coaching from basic steps to big productions, she directs the San Tropez Dance Center, one of the largest Latin dance schools in Canada. She also hosts thousands of dancers from around the world every year at the prestigious Montreal Salsa Convention, soon to celebrate its 15th year!

Additional credits include: Performance with Tito Puente; Choreography and performance for Wil Veloz; Performance at Montreal International Jazz Festival with Spanish Harlem Orchestra; Salsa Dance Choreographer for movie "Noel"; Judge for international salsa competitions; "Fiesta Latina" organizer at *Week-ends du Monde* (Parc Jean-Drapeau).

Sonia has nurtured her businesses into the successful ventures that they are today, by taking a risk and overcoming the challenges that stood in her way. She embodies the philosophy that a true entrepreneur must follow their heart and instincts to find success and satisfaction in all endeavors. May tonight's celebration inspire you to follow your dreams!

MARY SARLI

METTEUR-EN-SCÈNE, CHORÉGRAPHE / DIRECTOR, CHOREOGRAPHER

Mary is a versatile dancer whose passion for dance has led her to teach, perform, compete and choreograph in various styles of dance namely Ballroom, Latin, Argentine Tango, Swing and Broadway. She is known for having brought swing dance to Montreal in 1997 with the *Montreal Swing Dance Society*. Some of her most notable coaches include: Jean-Marc Généreux (SYTYCD Canada), Corky Ballas (Dancing with the Stars) and Carlos Gavito (Forever Tango). Stage credits include: *Guys and Dolls*, *Evita* (Lyric Theatre), *Iolanthe* (Montreal West Operatic Society), *The Rocky Horror Show* (Karma Productions) and the 40th anniversary of "Jeunesse d'aujourd'hui" with Joel Denis (Théâtre St-Denis). Internationally, Mary has danced with Compagnia Libertango (Italy), and in various resorts in Mexico & Dominican Republic.

As choreographer, her work has been seen in the musical "Curtains" (Lyric Theatre), numerous Broadway Concerts (Lyric Theatre Singers), the "G-Major Glee Team" (St. Georges High School), and *Les Barbefellas* – a men's choir. She is currently working with *Ensemble vocal les Enchanteurs*, a 65-member bilingual choir based in Vaudeuil. This summer, Mary will direct and choreograph the show *Viva La Diva – A tribute to the Ladies of the Stage*.

May this 25th Anniversary Celebration Show inspire you to *take your passion and make it happen!*

QUI EST QUI • WHO'S WHO

SONIA KYRIACOU
Directrice artistique /
Artistic Director

MARY SARLI
Metteur En Scène /
Director

JULIE VAN DE WEGHE
Coordinatrices des costumes /
Costume Coordinator

KIM DE ROME
Coordinatrices des costumes /
Costume Coordinator

LORY DA COSTA
Commanditaires /
Sponsorships

JANET LINDSAY
Media Sociaux & graphiste /
Social Media & Graphics

Équipe de Production • Production Team

DIRECTRICE ARTISTIQUE / ARTISTIC DIRECTOR.....	Sonia Kyriacou
METTEUR EN SCÈNE / DIRECTOR.....	Mary Sarli
CHORÉGRAPHE / CHOREOGRAPHERS.....	Sonia Kyriacou, Moris Alvarenga, Mary Sarli, Jayson Molina, Tony Santana
CONCEPTIONS DES VIDÉOS / VIDEO EDITOR.....	Laurie-Anne Jean-Baptiste (Laurel Grace Photography)
COORDINATRICES DES COSTUMES / COSTUME COORDINATOR.....	Julie Van de Weghe, Kim de Rome
SON ET ÉCLAIRAGE / LIGHTING & SOUND.....	Peter Lopata
MÉDIAS SOCIAUX / SOCIAL MEDIA.....	Janet Lindsay
COMMANDITAIRE / SPONSORSHIPS.....	Lory Sa Da Costa
HABILLEURS / DRESSERS.....	Cassie Forzani, Sean Gagnon, Justin Muniz, Sandrine Murray, Donna Pinski, Jhaimé Vega
PHOTOGRAPHE / PHOTOGRAPHER.....	Patricia Brochu
VIDÉO / VIDEOGRAPHER.....	Sam Haddad
RESPONSABLE À L'ACCUEIL / FRONT OF HOUSE.....	Sarah Maude Biron, Estelle Bourlon Albaraccin, Lory Da Costa, Saskya Lissade, Julie Van de Weghe
MUSIQUE / MUSIC.....	DJ Jean Nonez, DJ Sabrusso, DJ Sam Haddad

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"My Inspirations"

1ere partie • Act 1

- "FLASHDANCE" / "DIRTY DANCING"** (Broadway)
WHAT A FEELING by Irene Cara Bianca Pierre-Louis • Dimitra Rizis • Idelberto Baptista
 Kelly Walsh • Kim De Rome • Maneka Rathnayake
 Markenson Jeune • Moris Alvarenga • Natalia Etcheocoin
 Nicole Mouleo-Mbongo • Raphaël Meurine • Rosvaldo
 Milton Sonia Kyriacou • Thierry Morgan
- BRAZILIAN RHYTHMS** (Brazilian Zouk)
AMOR by Kamelia Sonia Kyriacou & Jules Bertrand
- OPENING OF SAN TROPEZ DANCE STUDIO** (Rock'n'Roll)
ROCK AROUND THE CLOCK by Bill Haley & His Comets Kelly Walsh • Natalia Etcheocoin
 Nicole Mouleo-Mbongo • Raphaël Meurine
 Rosvaldo Milton • Thierry Morgan
- MEETING MORIS** (Salsa)
BUSCANDO LA VERDAD by Ricky Campanelli Sonia Kyriacou & Moris Alvarenga
- LATIN CRAZE HITS NORTH AMERICA!** (GoGo)
LIVING LA VIDA LOCA by Ricky Martin Bianca Pierre-Louis • Dimitra Rizis
 Maneka Rathnayake • Natalia Etcheocoin
 Nicole Mouleo-Mbongo
- PUERTO RICO SALSA CONGRESS** (Salsa)
TIBIRI TABARA/PARA TI OYENTE MIX by El Gran Combo Sonia Kyriacou & Jayson Molina
- DISCOVERING AFRO-CUBAN CULTURE** (Guaguanco)
ATREVIMIENTO by Timbalive Idelberto Baptista • Markenson Jeune
 Moris Alvarenga • Victor Gonzalez
- DANCING TO THE BEAT OF TITO PUENTE** (Salsa)
RAN KAN KAN by Tito Puente Tony Santana & Larissa Feldman
- SALSA TEAM CANADA IS BORN!** (Bachata)
SURE THING by Jay El Sensacional Idelberto Baptista • Kelly Walsh
 Kim De Rome • Raphaël Meurine
 Sara Linde Villalobos • Victor Gonzalez
- THE BIRTH OF THE MONTREAL SALSA CONVENTION** (Salsa)
MAMA GUELA by The Big 3 Palladium Orchestra Idelberto Baptista • Kim De Rome
 Sara Linde Villalobos • Thierry Morgan
- THE EXPANSION OF SAN TROPEZ: WEST ISLAND** (Hip Hop)
POISON by Bel, Biv, Devove Anna Giulione • Camilla Berthelet
 Michael Blais



"My Inspirations"

1ere partie • Act 1

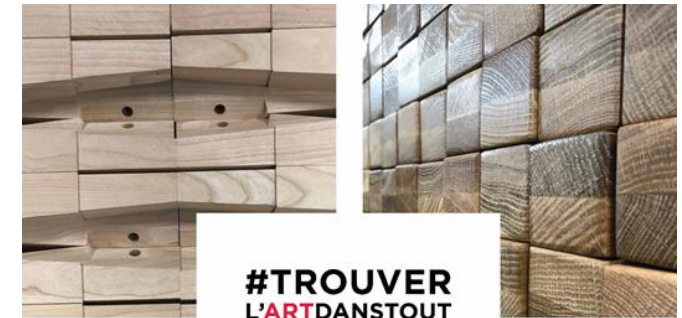
- OUR SON DIEGO** (Broadway)
I WANT A HIPPOPOTOMUS FOR CHRISTMAS by Gayla Peevey Diego Alvarenga • Sonia Kyriacou
 Moris Alvarenga • Anna Giulione
 Camilla Berthelet • Michael Blais • Sara Grecoff
- EARTH ANGEL** (Piano)
ZULAY by Joel Massicot Joel Massicot
- A CELEBRATION OF LIFE!** (Salsa)
GIVE ME EVERYTHING by Pitbull Bianca Pierre-Louis • Dimitra Rizis • Idelberto Baptista
 Kelly Walsh • Kim De Rome • Maneka Rathnayake
 Markenson Jeune • Moris Alvarenga • Natalia Etcheocoin • Nicole Mouleo-Mbongo
 Raphaël Meurine • Rosvaldo Milton • Sonia Kyriacou • Thierry Morgan



Back row L to R: Nicole, Natalia, Rosvaldo, Thierry, Idel, Markenson, Moris
 Frontrow L to R: Raphaël, Maneka, Kelly, Dimitra, Kim, Sara, Bianca



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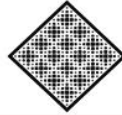
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2eme Partie • Act 2

HAPPY (Hip hop).....	Raphaël Meurine, Kelly Walsh
ADRENALINE (Pro-Am Salsa Showcase).....	Patrick Alaby, Kim De Rome
ATELIER CHORÉGRAPHIQUE (Salsa).....	Natalia Etchecoin, Natalia Solodovnikov, Myriam Beaudoin, Dimitar Bogdev, Keane Tan, Ramin Khodae
PRO-AM SHOWCASE (Salsa).....	David Laplagne, Coco Zhang
LADIES STYLING TEAM (Ladies Styling).....	Bianca Pierre-Louis, Natalia Etchecoin, Manon Cardinal, Shadi Oiaee
PRO-AM SHOWCASE (Salsa).....	Katrina Gendron, David Laplagne
ATELIER CHORÉGRAPHIQUE (Bachata).....	Laura Gonzalez, Caroline Chevassu, Parnian Faroozi, Lina Akbeek, Nejim Chambit, Baslut Molina, Alexander Umana, Victor Gonzalez
PRO-AM SHOWCASE (Jive).....	Joanne C. Morin, David Laplagne
BACHATA AMATEUR TEAM 2018 (Bachata).....	Manon Cardinal, Kelly Walsh, Maneka Rathnayake, Ana Paez, Alper Avi Benardete, Rosvaldo Milton Idelberto Baptista, Victor Gonzalez
SALSA PRO-AM TEAM 2018 (Salsa).....	Rita Ikhouane, Pauline Guillot, Kelly Walsh, Raphaël Meurine, Idelberto Baptista, David Laplagne

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Janet Lindsay 514.944.7876
Event Planner & Interior Decorator

PUBLICIST • GRAPHIC DESIGNER • SOCIAL MEDIA MANAGER

THE FILM SOCIETY OF MONTREAL

Open since 1992, the Film Society has been bringing Montrealers the best of cinema from around the world and from all eras. With films dating from the 1890s to today. From local experimental works to Hollywood Blockbusters in cinemascope, there is something for everyone.

“You don’t just watch films, we experience them...on the big screen in genuine motion picture film!”





THE FILM SOCIETY OF MONTREAL
PRESENTS

CONTACT [REDACTED]
TELEPHONE [REDACTED]
EMAIL [REDACTED]
WEBSITE [REDACTED]

<https://www.facebook.com/EightHorseMusic/>

FOR IMMEDIATE RELEASE
January 2018

PHANTOM OF THE OPERA A Movie-Concert Event

Fergus, **Friday January 26th at 7:30PM** – Experience a spectacular masterpiece of classic silent cinema on the big screen at the historic **Fergus Grand Theatre**, with live musicians, Organist **Ian Sadler**, Violist **Sharon Lee** and Soprano Vocalist **Rachel Krehm**. For added authenticity, rolling through the projector will be “reel” film at the original silent movie speed of 18 frames per second, including the famed “Bal Masqué” sequence in glorious technicolor.

FIRST STOP, FERGUS ONTARIO!

Founded in 1992, The Film Society’s mission is to preserve & exhibit vintage films that are best experienced outside the standard digital world. **Founder & Film Historian, Philippe Spurrell** believes in offering a unique experience by combining live music, theatrics, artefacts, and or guest speakers to the films. After 25 years, he has decided to spread the cinematic magic to other Canadian towns by collaborating with **Toronto-based Eight Horse Music**.

From their archive of thousands of reels of motion picture film, they are pulling out their beautiful 16mm print of the *Phantom of The Opera (1925)* starring **Lon Chaney Sr.** in a dark signature role that continues to thrill audiences nearly 100 years later.

Mr. Spurrell will be introducing the film in a historical context. His only fear is being interrupted by the Phantom himself who is rumoured to make an appearance on the night of the show.

POPCORN, SWEET TREATS & REFRESHMENTS
AVAILABLE at OPENING & INTERMISSION!

PRESS RELEASE

WHEN: Friday, January 26th at 7:30pm (Doors Open at 6:30pm)
WHERE: Fergus Grand Theatre, 244 St. Andrew Street W. Fergus ON.
PRICE: \$29.95 (Regular) & \$24.95 (Senior)
INFO LINE: 519.787.1981

BOX OFFICE: Boutique “I LOVE CHOCOLATE” located at 227 St-Andrew Street W.
Or online at WWW.FERGUSGRANDTHEATRE.CA



For Additional Information contact us at:

CENTREWELLINGTON.CA
CINECLUBFILMSOCIETY.COM
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PRESENTS

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FOR IMMEDIATE RELEASE
APRIL 2018

THE 3 KINGS OF COMEDY
A Movie-Concert Event

Fergus, **Friday JUNE 15th at 8:00PM** – After wowing audiences in January at The Fergus Grand with Phantom of the Opera (1925) starring Lon Chaney, *Eight Horse Music* and *The Film Society of Montreal* are back with a whole new program.

SPREADING THE MAGIC OF CINEMATOGRAPHY

Philippe Spurrell, (film historian and president of The Film Society of Montreal) will be projecting these masterpieces as 'reel' films on the big screen, in a vintage 1920s theatre. The featured shorts are *The Immigrant* (1917, Charlie **Chaplin**), *The Blacksmith* (1922, Buster **Keaton**) and *Safety Last* (1923, Harold **Lloyd**).

WHO WILL BE THE "CHAPLION"?

Witness a hilarious battle between the three kings of silent comedy *Chaplin vs Keaton vs Lloyd*. Each is accompanied **LIVE** by a professional musician. The audience will take a **VOTE** deciding which of the three iconic films is the **WINNER!**

POPCORN, SWEET TREATS, BEER & MORE
AVAILABLE at OPENING & INTERMISSION!

WHEN: Friday, June 15th at 8pm (doors open at 7pm)
WHERE: Fergus Grand Theatre, 244 St. Andrew Street W. Fergus ON.

PRICE: \$29.95 (tax. incl.)
INFO LINE: 519.787.1981

BOX OFFICE: at Boutique "I LOVE CHOCOLATE" located at 227 St-Andrew Street W.
Or online at WWW.FERGUSGRANDTHEATRE.CA

*Eight Horse Music &
The Film Society of Montreal
present*

a
SILENT MOVIE CONCERT



CHARLIE CHAPLIN vs BUSTER KEATON vs HAROLD LLOYD

**KINGS OF SILENT COMEDY
OF THEIR CLASSIC SHORTS
LIVE MUSICAL ARTISTS**

06 | 15 | 18 | 8PM *at the* **Fergus Grand Theatre**
INFO LINE: 519.787.1981 **244 ST. ANDREW STREET W.**

TICKETS: AT WWW.FERGUSGRANDTHEATRE.CA OR
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PRESS RELEASE

EVENT PLANNER / DECORATOR / PRODUCTION MANAGER

DIAMOND JUBILEE GALA CONCERT *Montreal West End Operatic Society*

The company celebrated their 75th anniversary. Showcasing their new talent and that season's production, the night also consisted of live music, a raffle, canapés and a wine bar. The event took place at Victoria Hall in November 2014. Responsibilities consisted of:

Creating the event theme & decorating the venue / Keeping in touch with the venue, the artists, the theatre company & the caterers / Following up on due dates & tasks assigned / Contacting suppliers, buying all materials & renting equipment / Negotiating contracts and hiring: entertainment & staff / Approaching companies for sponsorships, donations & raffle prizes / Managing, delegating tasks & keeping everyone motivated

The Montreal West Operatic Society
La société opératique de Montréal-Ouest
presents/présente
A Diamond Jubilee Gala Concert
un Concert de Gala du
75^e
anniversaire
Réalisé par / directed by Chad Heltzel
Accompagné de / accompanied by Soo-Hyun Ahn
1 novembre, 2014
19h00
Salle Victoria Hall
4626 rue Sherbrooke Ouest, Westmount
Tickets/billets: 30\$/25\$/20\$
tickets@mwos.org
514.990.8813 ext. 2
www.mwos.org
Raffle | Cocktails | Canapés

ROCKY HORROR PICTURE SHOW

The RHPS is not only Montreal's biggest Halloween event, but the largest in North America and a worldwide phenomenon. This production puts on 6 performances for over 1000 spectators at the Imperial Theatre.

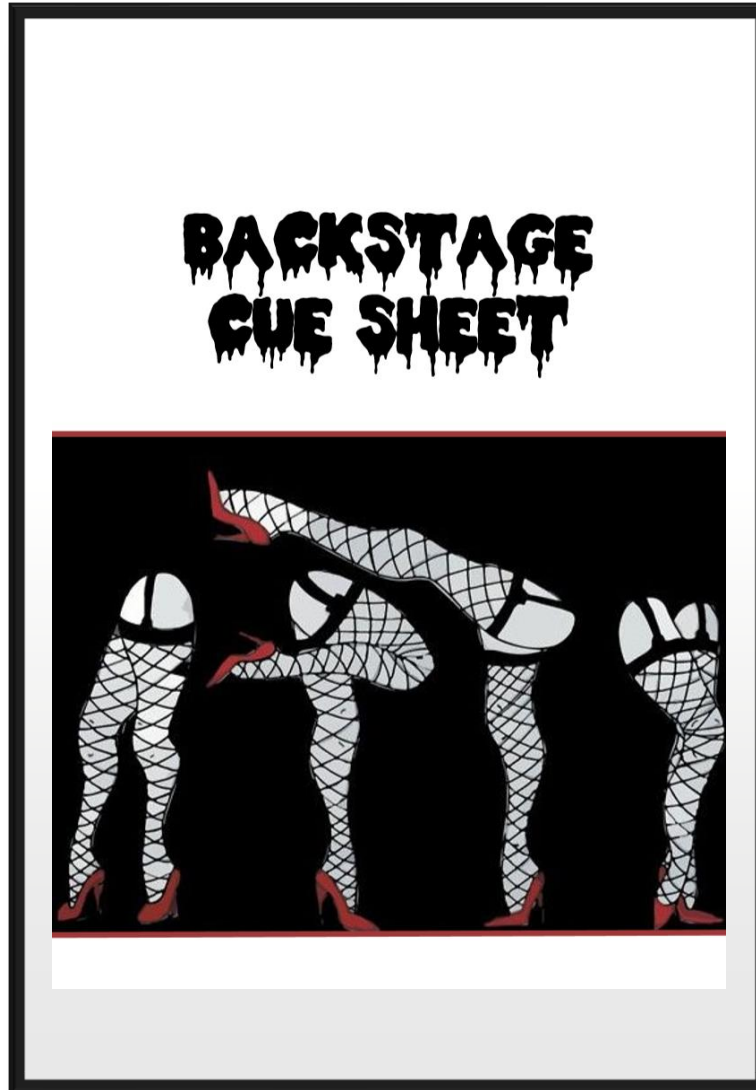
Responsibilities consisted of:

Coordinating all backstage cues / Keeping in touch Cast & Crew / Following up on due dates & tasks assigned / Coaching backstage crew / Fitting, adjusting & fixing all costumes / Managing, delegating tasks & keeping everyone motivated



STAGE MANAGER / COSTUME DESIGNER /
PRODUCTION MANAGER / GRAPHIC DESIGNER

1	BEGINNING OF THRILLER NUMBER	CUE BOTH SMOKE MACHINES (ENOUGH TO COVER THE STAGE FULLY)
2	INTRODUCING OUR HOST: AND NOW MADAMS & MONSIEURS..	CUE BOTH SMOKE MACHINES (ENOUGH TO COVER THE STAGE FULLY)
3	WEDDING CHURCH BELLS RINGING	CUE FOAM MACHINE ON UNTIL WEDDING MUSIC ENDS RINGING
4	BOTH SING: "I LOVE YOU"	BRAD & JANET'S QUICK CHANGE: CAR SCENE COSTUME CHANGING TIME: <u>1MIN 38SECS</u>
5	LIGHTNING BOLT (11:50)	BRINGS OUT 2 CHAIRS (CENTER STAGE) FOR BRAD & JANET TO SIT ON DURING CAR SCENE
6	2 ND LIGHTNING BOLT	SCENE ENDS CHAIRS ARE REMOVED (CENTER STAGE)
7	SWEET T. MUSIC STARTS GROUPIES:" SEX, SEX, SEX..."	ASSIST FRANK WITH STAGE RIGHT ENTRANCE GIVE FRANK PROPS!
8	FRANK: "DON'T GET STRUNG OUT" (24:50)	BRING OUT THRONE (CENTER STAGE)
9	FRANK: "BUT NOT THE SYMPTOM" (27:45)	THRONE IS REMOVED
10	FRANK: "BUT NOT THE SYMPTOM" (27:45)	FRANKS QUICK CHANGE: LAB SCENE COSTUME: <u>1MIN 28SECS</u>
11	COLUMBIA: "I'VE SEEN IT" (29:00)	QUICKLY PICK-UP CLOTHES ON CENTER STAGE FLOOR
12	COLUMBIA: "I'VE SEEN IT" (29:00)	BRING OUT TANK ON (CENTER STAGE) COVERED WITH RED SHEET
13	FRANK: "3 MORE POINTS" (34:20)	CUE SMOKE MACHINE ON FOR 60 SECS
14	FRANK: "3 MORE POINTS" (34:20)	BRING A TRAY OF 8 SHOTS ON STAGE



15	FRANK: "3 MORE POINTS" (34:20)	LOWER RAINBOW UMBRELLA
16	60 SECS LATER (35:18)	CUE SMOKE MACHINE OFF
17	FRANK: "I DIDN'T MAKE HIM FOR YOU!"	THROW CLOTHES IN TANK THEN TANK OFF
18	A MA-A-A-A-AN...(LOL) (41:55)	CUE SMOKE MACHINE ON
19	BEEP BEEP BEEP! (41:56)	HOLD CURTAINS FOR EDDY (CENTER STAGE)
20	EDDIE: I THOUGHT I WAS DIVINE (42:34)	REMOVE BIKE THE SECOND EDDIES OFF IT (CENTER STAGE)
21	GROUPIES: "ROCKY, ROCKY RAH RAH RAH"	PRESET RED DRAPE AROUND MATTRESS WITH CHAINS IN TANK FRANK QUICK CHANGE: BLUE ROBE, GLASSES & BRAD WIG
22	AFTER THROWING ROBE & NIGHTY TO BRAD & JANET	QUICK CHANGE FOR COLUMBIA: PYJAMA ATTIRE
23	5 SECS AFTER GONG (48:10)	TANK BACK ON CENTER STAGE
24	FRANK ENTERS IN BLUE ROBE (49:18)	FRANK ENTERS (CENTER STAGE) TANK IS BACK LITE WITH FLASHLIGHT BY STAGE CREW
25	FRANK: "CROSS MY HEART HOPE TO DIE" (50:47)	TURN OFF SPOT LIGHT FRANK QUICK CHANGE PINK NIGHTY, JANET WIG
26	FRANK ENTERS IN PINK NIGHTY (52:26)	TANK IS BACK LITE WITH FLASHLIGHT BY STAGE CREW
27	RIFF: "MAGENTA HAS RELEASED THE DOGS" FRANK: "COMING!"	STAGE CREW SPRAY SILLY STRING OVER BLUE SHEET
28	RIGHT AFTER SILLY STRING	HOLD CURTAIN. EXIT FRANK & BRAD. ENTER ROCKY HIDING IN TANK (CENTER STAGE)
29	JANET: "CREATURE OF THE NIGHT"	FRANK & BRAD QUICK CHANGE. LEATHER JACKET & WHIP. BRAD IN BLUE ROBE



Floor Show
Bin Table

Shelving
Unit

Garbage

Props Tables

Trap Door

Costume Racks

Standing
Mirror

THE BACKSTAGE

Storage Space

Exit

Franks Changing Corner

Sound Corner

Screen

Stage Right

Stage Left

Exit

TECH SCENE BREAKDOWN

SCENES	SPECIAL EFFECTS	PROPS 4 GAGS	SET CHANGE	HANDS ON DECK
OPENING ACT: TRIXIE ACT	x	Red Finger	x	x
SCENE 1: WEDDING SCENE	Foam Machine	Bouquet, Camera, Purse, Veil, "Home of Rocky" Sign, Letters, Puppets	x	1 PERSON (Front of Stage)
SCENE 2: CAR SCENE	x	Porno Mag, Black Dildo, Squeegees, Spray Bottles	2 Chairs ON & OFF Center Stage	2 PEOPLE (Hold Curtain + Chairs ON/OFF)
SCENE 3: CASTLE DRIVEWAY	x	"Enter At Risk" Sign	x	x
SCENE 4: AT THE CASTLE	x	Feather Duster	x	1 PERSON (Pick Up Duster)
SCENE 5: TIME WARP	x	"Jump to the Left" sign	x	x
SCENE 6: SWEET TRANS	Smoke Machine (Lots of Smoke)	Pre-set Water Glass (Stage Right)	Throne ON & OFF Center Stage	ALL HANDS (Hold Curtain + Throne ON/OFF + Clothes Pickup)
SCENE 7: THE BIG REVEAL	Smoke Machine (60 Secs)	Pre-set Champagne Glass & Bottle (Stage Right) Rainbow Streamers (Under Stage Calipers) Umbrella (Center Stage)	Tank Covered w/ Red Sheet ON Center Stage	ALL HANDS (Hold Curtain + Tank ON + 8 SHOTS)
SCENE 8: ROCKY IS BORN	x	Pre-Set Glitter Oil (Behind Control Panel)	Tank OFF Center Stage	ALL HANDS (Pickup Bandages, Umbrella + Tank OFF)
SCENE 9: EDDIES ENTRANCE	Smoke Machine (Lots of Smoke)	Sax, Helmet, Weapons (dildos)	Eddies Bike ON Center Stage	2 People (Hold Curtain + Bike OFF)
SCENE 10: JANETS BEDROOM	Spotlight ON/OFF Center Stage	Pink & Blue Dressing Gowns & Chains	Tank ON w/ Pink & Blue Sheet Center Stage	ALL HANDS (Hold Curtain + Tank ON + Spotlight)

SCENES	SPECIAL EFFECTS	PROPS 4 GAGS	SET CHANGE	HANDS ON DECK
SCENE 11: TAUNTING ROCKY	x	x	x	x
SCENE 12: BRADS BEDROOM	Spotlight ON Center Stage	x	x	1 PERSON (Spotlight)
SCENE 13: TV MONITOR	Silly String Spray Over Blue Sheet Center Stage	x	x	2 PEOPLE (Hold Curtain + Spotlight + Silly String + Frank & Brad Exit Tank SWITCH)
SCENE 14: JANET FLIPS OUT	x	Hair Dryer & Magazine	x	Rocky Enters Tank SWITCH
SCENE 15: JANET SEDUCES ROCKY	x	x	x	x
SCENE 16: INTRODUCING DR.SCOTT	x	Black Dildo	x	ALL HANDS (Hold Curtain, Tank OFF Center Stage Dr. Scott's Wheelchair ON)
SCENE 17: DINNER SCENE	x	Teddy + Knife, Note, Porn Mag	Dinner Table (Fully Dressed)	ALL HANDS (Hold Curtain, Table ON, 8 SHOTS, Eddie Under Table)
SCENE 18: EDDIES TEDDY	x	Ukulele	x	ALL HANDS (Hold Curtain, Table OFF + Props)
SCENE 19: EVERYBODY GET STONED	x	x	x	x
SCENE 20: FLOOR SHOW	x	Red Balloon	x	x
SCENE 21: DON'T DREAM IT, BE IT	Bubble Machine & Smoke Machine	Blue Sheets, Bubbles & Faucet	x	2 PEOPLE Operating Machines
SCENE 22: FRANKS DEATH	x	Space Gun, Balloon, Blue Scarf, Cards, Brown Sheet + Rope	x	2 PEOPLE (Throw Blue Scarf (Stage R) Hold Brown Sheet + Rope (Center Stage)
SCENE 23: THE END	x	x	x	x

ROCKY HORROR PICTURE SHOW

HALLOWEEN BALL 2017

Contact Phil Spurrell
Telephone 514-909-0564
Email media@rockyhorrormontreal.com
Website www.rockyhorrormontreal.com

FOR IMMEDIATE RELEASE
October 2017

LET'S DO 'THE TIME WARP' ... AGAIN!

Montreal, **October 27th, 28th & 31st 2017 at 8PM and 11PM** – Come enjoy the ultimate interactive cult film. Halloween is here again and for thousands of Montrealers this means another chance to experience the inimitable “ROCKY HORROR PICTURE SHOW Halloween Ball”. We are back at the gorgeous **Impérial Cinéma** situated in the heart of the Quartier des spectacles, **1430 de Bleury Street** (Place-des-arts metro).

“Montreal's #1 most popular Halloween event since 1977”

Our new MC **Tranna Wintour** will host the six uninhibited shows. This seductive entertainer will be there to announce this year's costume contest winners and get the audience aroused for all the on-screen and off-screen action.

*The **ONLY** event in town offering you the immersive experience of the original cult film projected on the big screen while a live cast performs on stage!*

The **student night** is back by popular demand! For the Tuesday, October 31st shows only, students with a valid student ID will get \$5 off the ticket price. A limit of two tickets per student.

Tickets are **\$20.65 (tax incl.)** or **\$23.95 (tax incl.)** at the door. Sold at the following locations: **Boutique Créatures - 171 Mont-Royal E. (Mont-Royal metro)**

Capitaine Québec Fresh Comics - 1837D Ste-Catherine W. (Guy or Atwater metro)

Additional information and press images available at on website:

www.rockyhorrormontreal.com



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PRESS RELEASE

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FIRST PACIFICORP GESTION DE L'IMMEUBLE	SUITE 210

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205 ANNA SUCHOCKA SERVICE D'IMPOTS ET COMPTABILITÉ
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GESTION DE L'IMMEUBLE

6575 SOMERLED

SUITE 201 MYO MOVEMENT
MANUAL THERAPY CENTER

SUITE 202 MAITRE MICHEL DORAIS
AVOCAT/LAWYER

SUITE 204 PASSAGES

SUITE 205 ANNA SUCHOCKA
SERVICE D'IMPOTS ET COMPTABILITÉ

SUITE 206 ECO QUARTIER
NOTRE DAME DE GRACE

SUITE 207 DANMEL
CENTRE DE SOLUTION

SUITE 208 PARTY VERT DU QUEBEC
GREEN PARTY OF QUEBEC

SUITE 209 SUSAN COHEN
LIFE COACH

SUITE 210 FIRST PACIFICORP
GESTION DE L'IMMEUBLE

MARKETING MANAGER • GRAPHIC DESIGNER
FOUNDER • PERFORMER



UNI(S)SON GROUP



UNI SON
GROUPE DE THÉÂTRE MUSICAL | MUSICAL THEATRE GROUP



Co-Founder of
"Uni(s)son Group"



Founder of
"Heat the Streets"



FOUNDER / WEB & GRAPHIC DESIGNER



**MORE THAN 3,000 HOMELESS IN
MONTREAL**

LEARN MORE

GET INVOLVED

DONATE NOW



THE PROJECT

Every December, we start our campaign by collecting warm blankets, winter coats and accessories for the homeless. As a special touch to the acts of giving and receiving, we include holiday treats and custom made seasonal cards.

Our Mission:

To spread a little joy and warmth to Montreal's homeless community throughout the Holiday Season.

The Hard Truth:

- 35,000 Canadians are Homeless
- Over 235,000 Canadians experience homelessness in a year
- 5,000 are unsheltered
- 180,000 are staying in emergency shelters
- 50,000 are temporarily accommodated
- Young people who are homeless (ages 13-24) make up approximately 20% of the homeless population in Canada
- 150,000: Approximate number of people who access emergency shelters in Canada annually.
- 4 million: Number of bednights, defined as nights during which a shelter bed is occupied, each year across Canada.
- \$105.3 million: Amount the federal government spends annually on the Homeless Partnering Strategy, which is designed to prevent and reduce homelessness.
- 82,380: People who found more stable housing as a result of the Homeless Partnering Strategy.

les
Services JL Services



Janet Lindsay

Decoratrice • Planificatrice
Productrice • Organisatrice

(514) 944-7876

jlevent.prod@gmail.com

www.jlserveyou.com

Home Services | Rate Per Hour

Consultation (One time fee)	\$150
Buying, Selling & Research	\$20
Cleaning & Organizing	\$40
Cleaning & Organizing w/ Assistance	\$55
Decorating & Staging	\$60
Decorating & Staging w/ Assistance	\$75
Minor Renovating & Painting	\$50

Office Space & Garage Services

Rate Per Hour

Consultation (One time fee)	\$150
Buying, Selling & Research	\$20
Cleaning & Organizing	\$60
Decorating & Staging	\$90
Minor Renovating & Painting	\$110

Rates per Room Now Available!

les
Services JL Services



*"Making a difference one
vision at a time."*

(514) 944-7876

jlevent.prod@gmail.com

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MARKETING MANAGER • GRAPHIC & WEB DESIGNER FOUNDER • PERFORMER

[HOME](#)[JL's MISSION](#)[JL SERVICES](#)[BENEFITS](#)[ABOUT JL](#)[PORTFOLIO](#)[CONTACT](#)

About Me

From the very early age of 4, Janet Lindsay has always had a passion for the performing arts, production and decorating. Whether it be an event that needed planning or a space that needed to be designed, Janet has the creative skills that make her a “Jill of All Trades”.

She first started showing her talents at the age of 20, when she organized a fundraising event called Gateway to a Cure, raising funds and awareness for the Canadian Cancer Society after the sudden loss of her best friend. At the time, she had been living in Toronto, pursuing a career in the performing arts but found that holding the event gave new meaning to her life. As a result, she decided to further her education at Lasalle College in event planning. Her creative appetite led her to study other related subjects: Interior Design, Event Planning, and most recently, Business Development/Administration. Since then, she has coordinated and assisted in numerous fundraising events and theatre productions. And, as a free-lancer, Janet has decorated, renovated, staged and organized private homes, and businesses.

Another big part of what makes Janet unique, is her compassion for others and concerns for certain global issues, such as the Environment, Poverty, Animal Cruelty, etc. She is an advocate for Human Rights and Mental Health, and is an active member of the LGBTQ Community. She is best known for her “Heat the Streets” campaign that happens every holiday season, collecting blankets and warm winter coats for the Homeless Community of Montreal. She has organized fundraising events for the Canadian Cancer Society, Movember Canada, Canadian Red Cross Society “MTL4Japan” campaign, the Montreal West Operatic Society, and other charities.



WEB DESIGN

JL's MISSION

"HOME. It isn't a place, it's a feeling." - Unknown

Janet Lindsay is a young and ambitious interior decorator and professional organizer, whose main objective is to bring to life the visions and dreams of her clients. There is no task too big or too small that JL can't tackle.

JL created this company with one mission in mind; making a positive impact in people's lives and encouraging change.

JL strives to be different and stands out by using a unique approach to her work. What sets her business apart from others is how she bridges the gap between her humanitarian work and her home services. By reducing the clutter in people's homes, she finds new meaning and importance to the unwanted items and donates everything directly to a person or family in need.

"One Person's Trash is Another Person's Treasure!"

WEB DESIGN

HOME JL'S MISSION JL SERVICES BENEFITS ABOUT JL PORTFOLIO CONTACT

**FEELING OVERWHELMED?
HATE PACKING BOXES?**

**SCHEDULE YOUR
FREE CONSULTATION**



PACKING/UNPACKING/ORGANIZING/ STAGING

**ANXIOUS FOR THE BIG MOVE?
DON'T KNOW WHERE TO BEGIN?**

HOME JL'S MISSION JL SERVICES BENEFITS ABOUT JL PORTFOLIO CONTACT

Do you need your Closet
ORGANIZED?


Are you selling your Home and need it
STAGED?

Do you have a Themed Event that needs to be
DECORATED?

Is your Home in disarray and needs to be
CLEANED?

If so, Click **HERE**

HOME JL'S MISSION JL SERVICES BENEFITS ABOUT JL PORTFOLIO CONTACT



Welcome
to my Site.

JL

Take a Tour

HOME JL'S MISSION JL SERVICES BENEFITS ABOUT JL PORTFOLIO CONTACT

**DOES YOUR CLOSET NEED TO BE
REVAMPED?**

Call Now!

WEB DESIGN



DECORATING

HOME INTERIORS

- Space Setup
- Window Treatments
- Furniture Display
- Wall Art
- Colour Schemes
- Floor Plans
- Vision Boards
- Textiles

SEASONAL & SPECIAL EVENTS

- Weddings
- Galas
- Holiday Themed Décor

[BACK TO SERVICES](#)



ORGANIZING

- Closet Space
- Storage Space
- Kitchens
- Small Spaces
- Paperwork Sorting
- Basements
- Kids' Playrooms
- Garages
- Pack for a Move
- Unpack from a Move

[BACK TO SERVICES](#)



CLEANING

From daily care to deep clean services, we have you covered.

MASSIVE HOUSE SWEEP

- Dusting
- Cleaning Windows
- Vacuuming
- Mopping
- Dishes
- Organizing

****House Party Clean Up!*****

[BACK TO SERVICES](#)



RENOVATING

WALL TREATMENTS

- Plastering & Patching Holes
- Sanding, Priming & Painting
- Wallpaper Installations

Shelf, Mirror & Frame Mounting

WINDOW TREATMENTS

- Curtains, Blinds, Shades

ASSEMBLING & DISASSEMBLING

- Furniture & Cabinetry

Light Fixture Installations

[BACK TO SERVICES](#)



STAGING

As a BMBP,
Personalizing your space will make your guests' stay a more memorable one!

REAL ESTATE

- Open Houses
- Photohoots for Marketing Content

MEDIA CONTENT

- Negative, Ads, Promotional Content, Social Media Content

WINDOW DISPLAY

- Store Fronts
- Display Cases

[BACK TO SERVICES](#)

WEB DESIGN



JL HOME SERVICES

HOME INTERIOR SPECIALIST

© 2019 by JL Home Services. Proudly created Janet Lindsay



Our Services

ORGANIZING



[View More](#)

PACKING



[View More](#)

CLEANING



[View More](#)

STAGING



[View More](#)

DECORATING



[View More](#)

*"Organizing ones space, is like an exciting game of Tetris!"
- J. Lindsay*

© 2019 by JL Home Services. Proudly created Janet Lindsay

Upgrade your website to remove Wix ads

[Upgrade Now](#)



GRATITUDE IS A MUST

[Enter Here](#)



About Jeremy

Originally from Bar Harbor, Maine, USA, Jeremy attended the Mahindra United World of College as a teenager. There his mind was expanded as he met, traveled, and worked with people from all over the world. During his time in India he observed the power of the arts to heal and bring people together. These experiences motivated him to pursue the arts professionally in his adult life.

Jeremy attended Middlebury College, focusing his liberal arts education on dance and religious studies. After six years of working as a performer, choreographer, visual artist, and educator, he was offered the opportunity to earn his MFA in Dance with an emphasis in choreography from the University of Iowa.

Always continuing to learn, Jeremy continues to self-study and study with master teachers. He seeks to use his skills for peace and harmony, hoping that through the learning, practice, and sharing of artistic culture we can create a more peaceful world.

Jeremy continues to practice his artistic crafts and vision safely under current circumstances.



Contact

jeremystevencline@gmail.com

Tel: 207-266-9663

Name	Type your message here...
Email	
Subject	

Submit



Photo by Warren Woo



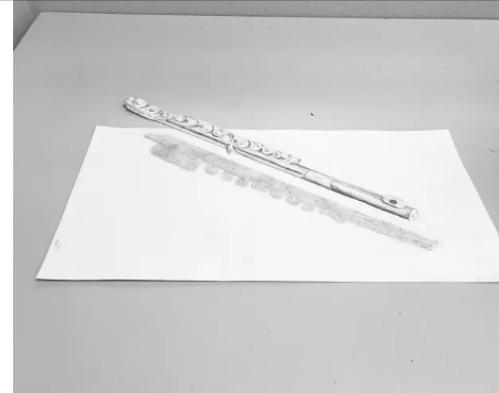
Teaching & Coaching



Dance & Performing Arts

Jeremy has experience teaching modern dance, breaking, circus, theater, and music to kids and adults. He has been teaching classes and workshops since 2006.

Jeremy has taught performing arts classes at the University of Iowa, Middlebury College, Summer Festival of the Arts in Maine, Sumeet Nagdev Dance Arts - Mumbai, and in the greater Seattle area.

[Learn More](#)

Visual Art

Jeremy has taught drawing, painting, mixed media, sculpture, and animation to kids and teens since 2005.

He was a long-time teacher at Museo Art Academy in Issaquah, WA, taught animation at the Clay Animation Network in Seattle, and at the Summer Festival of the Arts in Maine.

[Learn More](#)

Yoga

Jeremy has been a certified yoga teacher since 2008 and has training in Kundalini Yoga, Anusara Yoga, and meditation.

He has taught at the University of Iowa, Middlebury College, Cattitude in Bar Harbor, ME, and Otter Creek Yoga in Middlebury, Vt.

[Learn More](#)

Capoeira Angola

Jeremy has studied the art of capoeira since 2008 and under Mestre Silvinho of Seattle since 2012. Jeremy has assisted Mestre Silvinho with Capoeira Angola workshops and classes in the greater Seattle area. Additionally, he has traveled to Brazil to study Capoeira Angola with a master's there.

[Learn More](#)



Portfolio

Jeremy offers a wide array of talents. From Performance Art to Illustration. View his various talents by clicking on the various links below.

[Performance >](#)

[Choreography >](#)

[Dance for Camera >](#)

[Digital Installations >](#)

[Illustration >](#)

[Photography >](#)






LE RESTAURANT SINCLAIR

C'est bientôt l'heure du lunch!
Joignez-vous à nous!

Join Us!
It's Almost Lunch Hour!



simply
delicious



RESTAURANT
SINCLAIR

MY FAVORITEDISHES MY
VORI HES
VORI HES



RESTAURANT
SINCLAIR



SPÉCIAUX DU MIDI?
LUNCH SPECIALS!

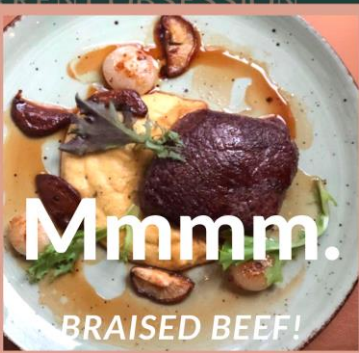


SINCLAIR
RESTAURANT



**TARTARE
ANYONE?**

CURRENT OBSESSION
CURRENT OBSESSION
CURRENT OBSESSION




Mmmm.
BRAISED BEEF!




SINCLAIR
RESTAURANT

CURRENT OBSESSION
CURRENT OBSESSION
CURRENT OBSESSION



VEGAN TARTAR



SINCLAIR



**Mmmm... J'ai faim!
Mmmm... I'm hungry!**

RESTAURANT
SINCLAIR



Arancini?

UN IRRÉSISTIBLE GOUT DE FRAICHEUR
AN IRRESISTIBLE TASTE OF FRESHNESS



**SHARE A PLATTER &
HAVE A DRINK**



VOUS FAITES QUOI À MIDI?
What are you doing for LUNCH?



Vous avez un petit creux?
Feeling a little peckish?



SINCLAIR



#RESTAURANTSINCLAIR



SINCLAIR



Mmmm...
Delicieux!

LE RESTAURANT SINCLAIR

PROFITEZ D'UN
DESSERT DECADENT
LORSQUE-VOUS COMMANDEZ
SUR LE MENU LUNCH
DU LUNDI AU VENDREDI
DE 12H00 À 14H30.

De plus,
le café ou le thé est
également inclus!



UN REPAS COMPLET POUR
UNE PAUSE BIEN MÉRITÉE!




SINCLAIR
#RESTAURANTSINCLAIR



Enjoy one of our decadent desserts
when you order from our lunch menu!

LE RESTAURANT SINCLAIR

SERVES LUNCH SPECIALS
ON WEEKDAYS BETWEEN
12:00 TO 2:30PM

Mmmm...
Tasty!

A COMPLETE MEAL
FOR A WELL DESERVED
LUNCH BREAK!

Oh! And coffee or tea is as well!!!




SINCLAIR
RESTAURANT



Un gout irrésistible
An Irresistible Taste

RESTAURANT SINCLAIR




SINCLAIR



SINCLAIR
RESTAURANT



SINCLAIR



Venez prendre
un verre avec nous?



SINCLAIR



How do you take your Whiskey?



SINCLAIR



Venez prendres un verre
sur notre Terrasse



SINCLAIR
RESTAURANT



New!



Maple Apple Cocktail

**C'EST LE MOMENT DE SE RASSEMBLER
AFIN DE CÉLÉBRER L'AUTUMN!**
IT'S TIME TO GET TOGETHER AND CELEBRATE AUTUMN



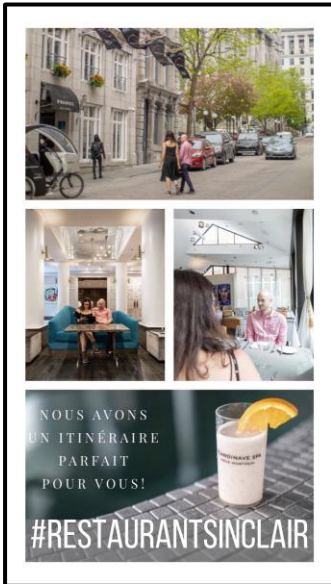
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SINCLAIR



Lemon Drop Martini
... Enjoy the pucker



TERRASSE SINCLAIR

*maintenant
ouvert!*



SINCLAIR
RESTAURANT



Venez vivre l'été sur
notre belle terrasse!

RESTAURANT
SINCLAIR
SIGNATURE COCKTAILS 8\$

- NEGRONI
- CLEAR SANGRIA
- APEROL SPRITZ
- MARTINI CLASSIQUE
- OLD FASHIONED
- BLOODY CAESAR OR MARY
- SELECTION DE BIÈRE

SUIVEZ LE RYTHME DE NOTRE DJ INVITE
LES JEUDIS 5 À 8

RESTAURANT
SINCLAIR
3 ENTREES POUR 27\$

- TATAKI DE THON
- SASHIMI DE SAUMON
- TARTARES DE SAUMON OU BOEUF
- ARANCINI À LA BASQUAISE
- POULET FRIT KARA AGE
- ARTICHAUTS EN BARIGOLE
- GALETTES DE FRUIT DE MER

SUIVEZ NOUS SUR LES MEDIAS SOCIAUX!

TERRASSE SINCLAIR

Now Open!



SINCLAIR
RESTAURANT



Come Enjoy a Cocktail
on our Beautiful Terrace!

PETIT DÉJEUNER À LA CHAMBRE

BREAKFAST IN BED
RESTAURANT #171

DÉJEUNER / BREAKFAST

PAIN DORÉ compote de fruits & chantilly	11 FRENCH TOAST fresh fruit & chantilly cream
CRÊPES SINCLAIR beurre campagnard & sirop d'érable	12 SINCLAIR PANCAKES country butter & real maple syrup
TARTINE CAMPAGNARDE oeuf poché, salsa d'avocat & fromage feta	13 COUNTRY TOAST TOPPED POACHED EGG avocado salsa & feta
ASSIETTE DE SAUMON FUMÉ chips de bagel, crème sure, aneth & câpres	14 SMOKED SALMON PLATE bagel chips, sour cream, dill, capers
OMELETTE OMEGA 3 (3 OEUFS) pomme de terre, tomate & baguette grillée	15 OMEGA 3 OMELET (3 EGGS) tomato, potatoes & toasted baguette
OEUF BÉNÉDICTINE jambon fumé, patates & sauce Mornay	15 EGGS BENEDICT smoked ham, potatoes, Mornay sauce
LE CONTINENTAL viennoiseries, fruits, fromage, yogourt, céréales	15 CONTINENTAL BREAKFAST pastries, fruit, cheese, yogurt, cereal
LE CHOIX SANTÉ oeuf poché, fromage cottage, fruits frais	16 THE HEALTHY PICK poached egg, cottage cheese, fresh fruit
LE CANADIEN 2 oeufs (au choix), bacon, jambon, saucisses, patates, pain grillé	20 CANADIAN BREAKFAST 2 eggs (any style) bacon, ham, sausage, potatoes, toast
jus, café ou thé inclus	all served with juice, coffee, or tea

EXTRA

bagel grillé & fromage à la crème	6	toasted bagel & cream cheese
yogourt nature ou fromage cottage	5	plain yogurt or cottage cheese
panier de viennoiseries variées (5)	5	basket of pastries (5)
baguette grillée, beurre & confiture	5	toasted baguette with butter & jam
bol de gruau & lait chaud	6	oatmeal
céréales au choix	5	cereal
salade de fruits frais	6	fresh fruit salad



BREUVAGE / BEVERAGES

café, thé, et tisane	3	coffee, tea, or herbal tea
jus de fruit	4	fruit juice
espresso	4	espresso
double espresso	5	double espresso
cappuccino, latte	4	cappuccino, latte
mocha or macchiato	4	mocha or macchiato
chocolat chaud	4	hot chocolate



LA SEMAINE 6:30 À 10:30AM WEEKDAYS
LA FIN DE SEMAINE 6:30 À 2:30PM WEEKENDS
- FRAIS DE SERVICE 18% PAS INCLUS
- FRAIS DE LIVRAISON 3\$ DELIVERY FEE
- 18% SERVICE FEE NOT INCLUDED

MENU SERVICE AUX CHAMBRES

ROOM SERVICE MENU
RESTAURANT #171

ENTRÉES / APPETIZERS

arancini à la basquaise	11	basquaise arancini
poulet frit kara age	13	kara age fried chicken
artichaut en barigoule	12	braised artichoke
galettes de fruit de mer panko	14	panko seafood cakes
sashimi de saumon, chutney aux ananas	15	salmon sashimi, pineapple chutney
escabèche de pétoncles & crevettes	16	marinated prawns & scallops
tartare de boeuf AAA 70gr	14	AAA beef tartar 70gr
tartare de saumon 70 gr	15	salmon tartar 70gr
tartare de thon 70gr	16	tuna tartar 70gr

BRASSERIE

grilled cheese, canard confit	19	duck confit grilled cheese
salade caprèse au halloumi grillé	18	seared halloumi caprèse
club sandwich sinclair & frites	18	sinclair club sandwich & fries
burger de boeuf, cheddar, bacon & frites	20	beef burger, aged cheddar & bacon & fries
guédille de crevettes nordiques & frites	19	matane shrimp roll in brioche bun & fries
salade niçoise, tataki de thon	19	tuna tataki niçoise salad
bol poké, choix de tartare	21	poke bowl, choice of tartar
tartare de boeuf AAA 120 gr et frites	24	AAA beef tartar 120gr & fries
tartare de saumon 120 gr et frites	24	salmon tartar 120gr & fries
tartare de thon 120 gr et frites	25	tuna tartar 120gr & fries

PLATS / MAINS

poisson du marché	PM	catch of the day
gnocchi au ricotta, roquefort et pesto	22	ricotta, roquefort & pesto gnocchi
pappardelle facons sinclair	24	sinclair pappardelle
poulet de cornouailles style rotisseur	26	roasted cornish hen
magret de canard, bok choy tempura	29	seared duck breast, crispy bok choy
filet mignon (180g) style forestier	36	AAA beef filet mignon, mushroom stew
côte de boeuf 60hrs	38	60 hrs beef short rib

EXTRAS

frites	7	fries
frites patate douce	8	sweet potato fries
poutine sinclair	12	sinclair poutine



LA SEMAINE 6:30 À 10:30AM WEEKDAYS
LA FIN DE SEMAINE 6:30 À 2:30PM WEEKENDS
- FRAIS DE SERVICE 18% PAS INCLUS
- FRAIS DE LIVRAISON 3\$ DELIVERY FEE
- 18% SERVICE FEE NOT INCLUDED

DIGESTIFS

REMY MARTIN V.S.O.P 18
COGNAC, ILE DE RÉ CAMUS 20
REMY MARTIN, LOUIS XIII 350
X.O RARE.A.HARDY 30
GRAND MARNIER 10
GRAPPA LUCE 22
DRAMBUIE 9
GRAPPA TIGNANELLO 18
GRAPPA LA BAMBA 25
GRAPPA D'ORNELLAIA 28
BELLE DE BRILLET, COGNAC ET POIRE 13
CALVADOS M.BOULARD 9
CALVADOS X.OM.BOULARD 15
CALVADOS ROGER GAULT 10
PORTO FLADGATE TAWNY
ten years 10
twenty years 15
thirty years 25

WHISKEY & SCOTCH

TOKI SUNTOR 14
japanese pure & grain blend
KNAPPOGUE 12
irish whiskey single malt bourbon
LOT 40 10
canadian whiskey pot barrels
BASIL HAYDEN'S 12
kentucky bourbon
WOODFORD RESERVE 11
kentucky straight bourbon
JACK DANIEL'S 10
gentleman jack
CHIVAS 18YRS 22
blended scotch
ABERFELDY 12
highland single malt
GLENFIDDICH 16
15yrs single malt french oak
GLENLIVET 18 YRS 22
single malt highland
THE DALMORE 12YRS 15
single malt highland
THE ARDBED 10 YRS 21
single malt, isle of islay
LAGAVULIN 16 YRS 26
single malt, isle of islay
GLENMORANGIE 10 YRS 12
original
GLENMORANGIE 12 YRS 17
la santa
GLENMORANGIE 12 YRS 22
nectar d'or

CAFÉS GOURMANDS

BRÉSILIEEN 12
Kaluha, Grand Marnier, Brandy
ESPAGNOL 12
Brandy, Baileys, Chantilly
IRLANDAIS 12
Irish Mist, Chantilly



COCKTAILS

OLD FASHIONED BOURBON 13
Bourbon, orange, bitters, cherries
MARGARITA GOLD 14
Tequila Gold, Grand Marnier, lime
CLEAR SANGRIA 11
Prosecco, Soho, cranberry
GENTLEMAN'S CAESAR 13
Gentleman Jack, Clamato
NEGRONI CITADELLE 13
Gin Citadelle, Cinzano, Campari
DARK & STORMY 13
Kraken, ginger, ginger ale
LOTUS 14
Japanese whisky, lemon juice, cherries
NEW SEASONAL COCKTAIL 12
Quebec Sortilege, brandy, apple juice

MARTINIS

CLASSIC MARTINI 12
Gin or Vodka
LITCHI MARTINI 13
Vodka, Soho, litch
COSMO SINCLAIR 14
Mandarine vodka, Grand Marnier
MARTINI ESPRESSO 13
Belvédère, Frangelico, espresso
PREMIUM MARTINI 15
Top Shelf
ANNA'S MARTINI ??
Anna's Choices
FRENCH MARTINI 14
Vodka, Grand Marnier, Chambord
pineapple
LEMON DROP MARTINI 13
Vodka, lemon juice, syrup

IMPORTED

STIEGL 9
Grapefruit, Austria
STIEGL 9
Blonde, Austria
DÉLIRIUM TREMENS 12
Extra Forte, Belgique
ERDINGER 8
Weibier, rousse, German
ERDINGER 10
Sans-alcool, Germany

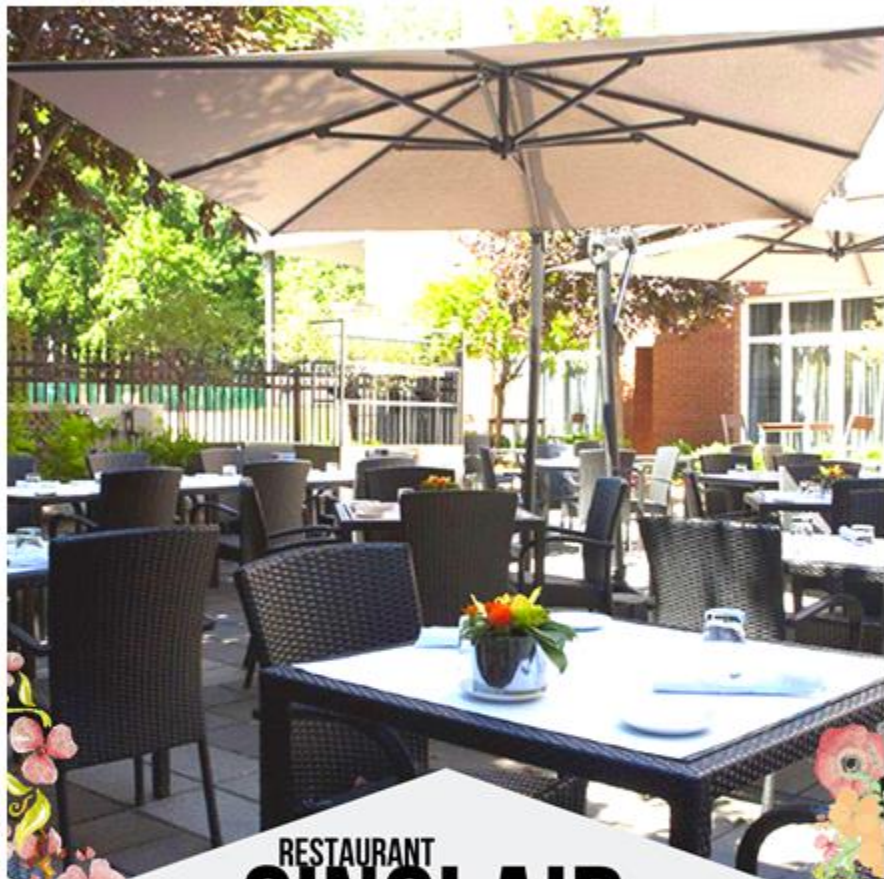
LOCAL BEER

MORALITÉ, IPA AMÉRICAINE 9
BLANCHE DU PARADIS 9
BORÉALE BLONDE 9

EXTRA

ASSORTED DELI MEAT PLATTER 16
ASSORTED CHEESE PLATTER 14
DELI MEAT & CHEESE PLATTER 22
BOWL OF ASSORTED NUTS 12
OLIVE PLATTER 12





RESTAURANT
SINCLAIR
Terrasse

BAR.LUNCH.SOUPER
WWW.LESAINTSULPICE.COM



RESTAURANT
SINCLAIR
Terrasse

BAR.LUNCH.SOUPER
WWW.LESAINTSULPICE.COM

RESTAURANT SINCLAIR



CAFÉS GOURMANDS

BRÉSILIE 12
Brandy, Kaluha, Grand Marnier
ESPAGNOL 12
Brandy, Bailey's, Chantilly
IRLANDAIS 12
Irish Mist, Chantilly



LOCAL BEER

COCKTAILS

OLD FASHIONED BOURBON 13
Bourbon, orange, bitters, cherries

MARGARITA GOLD 14
Tequila Gold, Grand Marnier, lime

CLEAR SANGRIA 11
Prosecco, Soho, white cranberry juice

GENTLEMAN'S CAESAR 13
Gentleman Jack, Clamato, lemon

NEGRONI CITADELLE 12
Gin Citadelle, Cinzano, Campari

MALIBU BLUE 12
Malibu, Blue Curaçao, pineapple juice

DARK & STORMY 13
Rhum Kraken, fresh ginger, ginger ale

LOTUS 14
japanese whisky, lemon juice, cherries



MARTINIS

CLASSIC MARTINI 12
Gin or Vodka

LITCHI MARTINI 13
Vodka, Soho, litch

COSMO SINCLAIR 14
Absolute Mandarin, Grand Marnier

FRENCH MARTINI 14
Vodka, Chambord, Grand Marnier, pineapple

MARTINI ESPRESSO 13
Belvédère, Frangelico, espresso

ANNA'S MARTINI ??
Anna's Choices

SOUR APPLE MARTINI 14
Vodka, Green Apple Schnapps, lime

PREMIUM MARTINI 15
Top Shelf

BLANCHE DU PARADIS 9
MORALITÉ, IPA AMÉRICAINE 9
BORÉALE 9

IMPORTED

PERONI 9
Premium lager, Italy

MÉNABRÉA 10
Lager pale, Italy

STIEGL 9
Grapefruit, Austria

AVERBODE 11
Forte, Belgium

ERDINGER 10
Weibier, rousse, Germany

DÉLIRIUM TREMENS 12
Extra forte, Belgium

ERDINGER 8
Sans-alkool, Germany

Rousse Ale Naturelle
Pilsner Non Filtrée
Blonde



DIGESTIFS

REMY MARTIN V.S.O.P 18

COGNAC, ILE DE RÉ CAMUS 20

REMY MARTIN, LOUIS XIII 350

X.O RARE.A.HARDY 30

GRAND MARNIER 10

GRAPPA LUCE 22

DRAMBUIE 9

GRAPPA TIGNANELLO 18

GRAPPA LA BAMBA 25

GRAPPA D'ORNELLAIA 28

BELLE DE BRILLET, COGNAC ET POIRE 13

CALVADOS M. BOULARD 9

CALVADOS X.OM. BOULARD 15

CALVADOS ROGER GAULT 10

PORTO FLADGATE TAWNY

10 YEARS / 20 YEARS / 30 YEARS

10 15 25



WHISKEY & SCOTCH



TOKI SUNTOR 14
japanese pure & grain blend

KNAPPOGUE 12
Irish whiskey single malt bourbon

LOT 40 10
canadian whiskey pot barrels

BASIL HAYDEN'S 12
kentucky bourbon

WOODFORD RESERVE 11
kentucky straight bourbon

JACK DANIEL'S 10
gentleman jack

CHIVAS 18YRS 22
blended scotch

ABERFELDY 12
highland single malt

GLENFIDDICH 16
15yrs single malt french oak

GLENLIVET 18 YRS 22
single malt highland

THE DALMORE 12YRS 15
single malt highland

THE ARDBED 10 YRS 21
single malt isle of islay

LAGAVULIN 16 YRS 26
single malt, isle of islay

GLENMORANGIE 10 YRS 12
original

GLENMORANGIE 12 YRS 17
la santa

GLENMORANGIE 12 YRS 22
nectar d'or





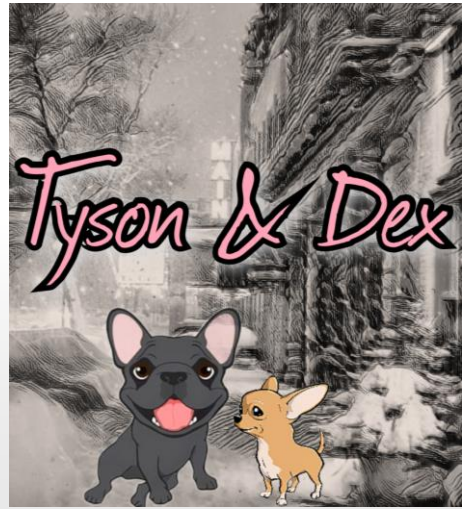
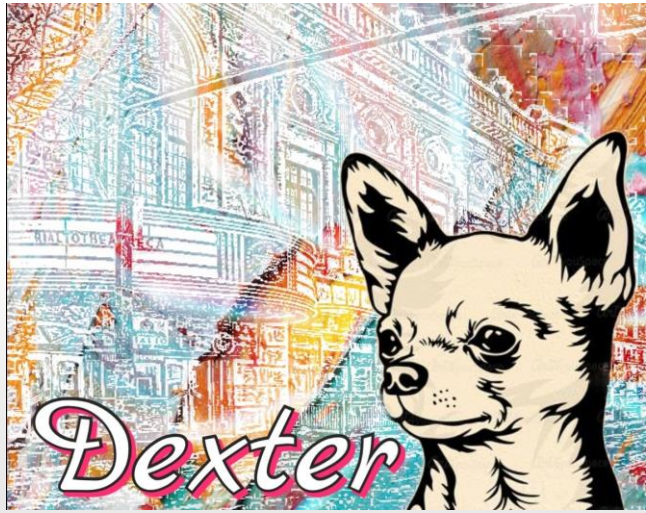
RESTAURANT SINCLAIR




RESTAURANT SINCLAIR

FACEBOOK COVER





...
WITHOUT A
FRENCHIE!



Life is
better
with a
BEAGLE!



ALL YOU
NEED IS
LOVE
AND A
**COCKER
SPANIEL!**



**GREAT
THINGS
COME IN
SMALL
PACKAGES!**




...and my
LAB!




THEY'RE
called
GREAT
for a
REASON!



THE HAPPY MENU

SATIVA

- Jack Herer**
- Juicy Fruit**
- Strawberry Haze**
- Vanilla Haze**
- Moby Dick*
- AK 47
- Sour Skunk**
- Chanel +
- Sour Cream
- G13 Haze*
- Lemon Haze**
- Amnesia**
- Jack La Mota**
- Pineapple Haze**
- Super Silver Haze*
- Gorilla Glue**
- Trinacria Haze
- Super Lemon Haze**
- New York Diesel**

INDICA

- Zombie Kush**
- OG Kush**
- Girl Scout Cookies**
- Super Skunk
- UK Cheese**
- Lemon Larry**
- Green Crack**
- Kandy Kush**
- Skunk Lemon
- White Widow
- R28**
- Northern Lights**
- Blue Elephant**
- Mandanga**
- Purple Kush**
- La Rica
- TXO Mango**
- Critical Bilbo
- Green Poison
- Mazar Sharif
- Vanilla Kush
- Black Domina**

CALIFORNIAN STRAINS

- DTB
- Garlic Pineapple
- Green Crack
- Gorilla Breath
- 11 Roses XDTB
- Skittlez OG
- Sapphire OG
- Eleven Roses
- Pebbles Punch
- Lemon Garlic OG
- 33 Splitter
- Mango Sapphire
- Banana Split
- Blue Knight
- Blueberry Headband

TRINACRIA

SOCIAL CLUB BARCELONA

HASH

- Afghano • Mexican**
- MK Ultra • Nepales
- **Royal Kush* • Khardala
- Critical Royal • Super Pollen
- Pollen Amnesia**



EDIBLES

- 50 mg 100 mg
- Raffaellow • High Rocher
- PB Wonders • Yow-Yow
- Choco Cookies • Pistachio Balls
- Fire Crackers NEW! Coconut Fudge

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EDIBLES by THCOOK

50mg:

- CHOCOLATE COOKIES
- PEANUT BUTTER WONDERS
- RAFFAELLOW
- NEW: FIRE CRACKERS



10€



TRINACRIA
SOCIAL CLUB BARCELONA

100mg:

- HIGH ROCHER
- PISTACHIO EDI-BALLS
- YOW-YOW
- NEW: COCONUT FUDGE



15€

Box of Chocolates - 150mg

Highly Delicious!

EDIBLES by THCOOK

50mg:

- CHOCOLATE COOKIES
- PEANUT BUTTER WONDERS
- RAFFAELLOW
- NEW: FIRE CRACKERS



10€



TRINACRIA

Highly Delicious!



15€

100mg:

- HIGH ROCHER
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TRINACRIA
SOCIAL CLUB BARCELONA

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- PISTACHIO EDI-BALLS
- YOW-YOW
- NEW: COCONUT FUDGE



15€

150mg

Box of Chocolates

PRODUCTION • GRAPHIC DESIGNER
EVENT PLANNER • SET-DESIGN • PERFORMER

LYRIC THEATRE SINGERS

The Lyric Theatre is a community based theatre company dedicated to creating performance and production opportunities for the benefit and development of participants from the community. Performers, technicians, managers and artistic directors are given unique opportunities to create the highest quality of musical theatre. Through stage productions and concerts, the company provides a training ground for their members and reasonably-priced top-quality entertainment to their audiences.



The Lyric Theatre Singer

The Lyric Theatre
316 Leacross, Mont-Royal
H3P 1M1
Montreal, QC



Ce contrat confirme l'accord et la coopération entre les partis suivants:

Nom du consultant Événementiel: Janet Lindsay
Représenté par: The Lyric Theatre Singers
Numéro de téléphone: 514.944.7876

Nom du fournisseur de services: Restaurant Alexandre & Fils
Personne en charge: Daniel Alonso
Numéro de téléphone: 514.288.5105

Voici ce que nous avons discuté concernant le "Cast Party" pour les chanteurs Lyric Theatre qui aura lieu le samedi 18 juin 2016 à 22h30.

Le budget de l'évènement est le suivant: 1500\$ (tax et pourboires inclus). Cela doit couvrir le prix de la salle, et la nourriture. *** LES BOISSONS NE SONT PAS INCLUS (pourboire obligatoire pour le service au bar) ***

La soirée sera composée de l'animation suivante: musique, un montage de photo et des discours. Nous avons le plein contrôle sur la musique et nous pouvons brancher un iPod dans le système de son. L'évènement sera situé au 2e étage du restaurant. Dans la salle, nous avons accès au suivant:

- Un piano
- Deux télévisions
- Un micro sans fil
- Le system de son
- Le projecteur

La nourriture sera aménagée sous forme de buffet. Le menu de l'évènement est le suivant:

- Quiches aux légumes
- Brochettes de bœuf
- Crudité et trempette
- Sandwiches assortis
- Salade verte
- Ailes de poulet

Les chanteurs vont rentrer tout en même temps donc c'est très important d'avoir un minimum de 3 employés en arriere du bar. Le menu d'alcool à été modifié pour que le service au bar reste simple et facile à gérer. Voici le menu:

- Vin: 9\$ par verre (Bordeux Blanc & Shiraz Rouge)
- Bière en fut: 7\$ par pinte (Blanche de Chambly, Belle Gueule, Sleeman Rousse & Blonde)
- Alcool "Bar Rail": 7\$ (Vodka, Rhum, Gin, Whisky, Téquila)
- Shooter Spécialisé: 4\$ (TBA)
- Café, thé, juice & soda: free

Comme promis, nous avons placé une annonce d'une ½ page dans notre programme.

Merci pour votre collaboration et à très bientôt!

Restaurant Alexandre & Fils

The Lyric Theatre Singers

Nom: _____

Nom: _____

Signature: _____

Signature: _____



GRAPHIC DESIGNER

ADS & PUBLICITY

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Christmas Baskets SALE

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Ads & Publicity

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Announce et publicité

SPECIAL OFFER

15% off all sessions
November 2015

This Fall, come enjoy Montreal's very own Baby Spa. Stay warm, and indulge in a calming and revitalizing experience for both you and your little one.

CANADA'S 1ST BABY SPA OFFICIALLY OPEN

- Mummy & Baby Yoga • Baby Massage
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#MAUVEMTL
POP-UP EVENTS



**WE ARE
OFFICIALLY OPEN
FOR BUSINESS!!!**



Pop-Up Picnics & Events

Don't wait for a special occasion to treat yourself.
Let us cater to you and your friends and enjoy
one of our Deluxe Picnics.
All you have to do is show up!



MAUVE MONTREAL
Summer Moments

BOOK US TODAY!



SO, WHAT IS A POP-UP PICNIC?

MAUVE Pop-Up Events offers the ultimate picnic experience, where curated design meets chef-inspired charcuterie and you don't have to lift a finger! We take care of all the details!



We find the perfect location, bring the food and set it up to look Beautiful. And the best part is, you can literally walk away without cleaning up. We take care of all that for you.

Each Pop-Up Picnic includes 3 features:
food + drink, ambiance and service.



*You get to Pick,
Where to have your
Pop-Up Picnic!*

SUMMER 2021



AN
EXCLUSIVE
EXPERIENCE
SHARED
WITH YOUR
MOST
IMPORTANT
PEOPLE.



*Summer 2021
Bucket List*

What's yours? Tell Us In The Comments.

- ✔ Try Something **NEW**
- ✔ Ride a horse along the beach
- ✔ Get a body spa & massage
- ✔ Be **SOCIAL**
- ✔ Go for a **PICNIC**
- ✔ See more of my **FRIENDS**
- ✔ **TREAT** myself more often
- ✔ Spend time **OUTSIDE**



Planning a Luxury Picnic is Simple & Super Fun!

Enjoy Life & Have a Picnic!

"I can't wait to have a Picnic in the Park with my buddies, on a Sunny Day."

Have a Picnic with friends

Idea for fun summer weekend

IN A PARK NEAR YOU!

#MAUVE MTL

BOOK YOUR POP-UP PICNIC NOW!

Girouard (NDG) Park / Westmount Park / Murray Hill / Lachine Canal
 Hampstead Park / Confederation Park / Benny Park / Loyola Park
 Trenholme Park / Pierre Elliott Trudeau Park

In a Park Near You!

Beach Locations
COMING SOON!

"A picnic is a state of mind and can be made anywhere."

MAUVE MTL

MAUVE
 Pop-Up Events
 Montreal

MAUVE
 Pop-Up Events
 Montreal

Take a break.

EMBRACE THE OUTDOORS.

RELAX AND REFRESH YOURSELF BY BEING ONE WITH NATURE.

Summer

Pop-Up Picnics!

We're offering you the best summer experience. Turn a normal day into something special.

Book yours Today!

SUMMER VIBES
 with Friends on the Canal